my wishlist

Simply click the field you'd like to edit, type in the name of the item and how much it would have cost, and let our spreadsheet do the work. It'll add up the total cost of your wishlist items, and reveal "what you would have spent…"

Fill in while you're doing the no-spend challenge   *Fill in while you've finished the no-spend challenge*

What you wanted to buy	**How much it would have cost**	**Go back and buy it?**

Here's what you would have spent...

first direct

You can revisit your wishlist at the end of the week (or month), and decide whether you'd like to keep the money you've saved, or go ahead and buy any of the non-essential items on your list.